

## Warm-Up Activity:

### Pennsylvania Gold: Where Saffron Traditions Spark a Modern Revival



Top left: Freshly picked saffron crocuses from Toby Allspach's farm in Coopersburg, Pennsylvania; Left: Allspach separates the few stigmas from the flowers *by hand* during harvest; Above right: Stigmas placed into a food dehydrator; Right: a vial containing 1 gram of saffron ready for sale.

## Predicting

1. Which part of the image stands out to you the most? Why does it catch your attention and what it might suggest about the work or process shown?
2. Based on the title, images and caption, what do you think this article will focus on. Predict its main idea.

## Exploring the Theme

1. Where do you see special ingredients or spices in your daily life? How are they used, valued or prepared?
2. What foods or meals in your life carry tradition or memory? How are these learned, shared or passed down over time?

## Confirming Your Prediction

3. If time allows, read over the first paragraph of the article. How does it confirm or challenge your earlier prediction?